

**Mental Health Report, 2019-2020**  
**Health & Family Welfare Department, Mizoram, Aizawl**

Sl. No.	Components		Apr '19	May'19	Jun'19	Jul'19	Aug'19	Sep'19
1.	<b>Early detection and treatment of mentally ill patients</b>							
	a	<b>OPD</b>	1055	1346	1194	1250	1139	1386
	b	<b>IPD</b>	137	141	134	160	112	150
2.	<b>Outreach for increasing awareness and reducing stigma related to Mental Health Problems</b>							
	a	No. of Free Clinic cum Awareness	21	17	14	20	11	28
	b	No. of patients seen in Free Clinic	1417	1354	1118	1226	793	2138
	c	No. of Awareness	18	25	23	24	18	25
	d	No. of participants in Awareness Prog	1920	1781	1571	1534	1880	2625
	e	No. of Phone calls in Crisis/ Suicide Helpline	19	44	27	31	29	42
		No.of refer	8	4	4	6	3	4

Sl. No.	Components		Oct'19	Nov'19	Dec'19	Jan '20	Feb'20	Mar'20
1.	<b>Early detection and treatment of mentally ill patients</b>							
	a	<b>OPD</b>	1373	1197	1057	1450	1446	995
	b	<b>IPD</b>	167	151	117	153	143	157
2.	<b>Outreach for increasing awareness and reducing stigma related to Mental Health Problems</b>							
	a	No. of Free Clinic cum Awareness	29	17	29	24	21	14
	b	No. of patients seen in Free Clinic	6428	1426	1640	1781	1170	1127
	c	No. of Awareness	28	47	18	15	23	2
	d	No. of participants in Awareness Prog	1856	3473	716	955	1168	116
	e	No. of Phone calls in Crisis/ Suicide Helpline	36	31	37	32	30	268
		No.of refer	6	3	2	10	8	12

**Grand Total:-**

**OPD** : 14888  
**IPD** : 1722  
**No. of Free Clinic cum Awareness** : 245  
**No. of patients seen in Free Clinic** : 21618  
**No. of Awareness** : 266  
**No. of participants in Awareness Prog** : 19595  
**No. of Phone calls in Crisis/ Suicide Helpline** : 626  
**No. of refer** : 70